



Health and Wellbeing event
17th January 2018 at 11.00
Lecture Theatre of the Royal Botanic Garden Edinburgh.

10.30 - 11.00 Registration and refreshments

11.00 – 11.10. Welcome and introductions. **Alison Stevenson**, Chair of SCURL

11.10 – 11.40. **Dr Trevor Lakey**, (Health Improvement and Inequalities Manager, Mental Health, Alcohol and Drugs, NHS Greater Glasgow and Clyde.) **Aye Mind – digital resources for youth mental health.**

11.40 – 12.10. **Mark Wilkinson, Head of Student Wellbeing and Inclusion, and ??? Edinburgh Napier University Library.** Student services: offered by a university in partnership with the Library.

12.10 – 12.40. Dr Rachel Drury. Lecturer in Learning and Teaching In The Performing Arts, Royal Conservatoire of Scotland. **Conservatoire students living with Mental Health Disabilities.**

12.10 – 12.40. **Jennifer Robertson**, Assistant Director Student Engagement, Glasgow University Library. **Family Study Lounge**

12.45 – 13.30 Lunch

13.30 – 14.00. **Jennifer Robertson**, Assistant Director Student Engagement, Glasgow University Library. **Family Study Lounge.**

14.00 – 14.30. **Zoe Ferguson.** Carnegie UK Trust. **Kinder Communities .**

14.30 – 15.00. **Amina Shah and Philippa Cochrane.** Scottish Book Trust. **Reading for Wellbeing.**

15.00 – 15.30. **Keir McKechnie.** Mental Health Coordinator, an FE College **Mentally Healthy Clyde College Glasgow.**

15.30 – 15.45. Wrap-up.